

# December 2022

#### 12/1 Thursday

10:00 Morning Exercise 11:00 Coffee & Conversation 3:00 BINGO

# 12/2 Friday

10:00 Morning Exercise 11:00 Coffee & Conversation 2:00 Movie

#### 12/3 SATURDAY

10:00 Morning Exercise 11:00 Coffee & Conversation 1:00 Table talk with friends 2:00 Table card game

# **12/4 Sunday**

10:00 Church on tv channel 240 11:00 Coffee & Conversation 2:00 Movie

# 12/5 Monday

9:00 Hairdresser/ Kevin 10:00 Morning exercise 11:00 Coffee & Conversation 3:00 BINGO

#### 12/6 TUESDAY

10:00 Morning exercise11:00 Coffee & Conversation3:00 Yoga with Barbara

#### 12/7Wednesday

10:00 Pet Therapy 11:00 Coffee & Conversation 11:15 Residents shopping 3:00 Bingo

# 12/8 Thursday

10:00 Morning Exercise
11:00 Coffee &
Conversation
2:00 Corn Toss
3:00 Bowling

#### 12/9 Friday

10:00 Morning Exercise11:00 Coffee & Conversation2:00 A group of Volunteers Coming in to sing Christmas carols

# 12/10 Saturday

10:00 Morning Exercise 11:00 Coffee & Conversation 3:00 UNO

#### **12/11 Sunday**

10:00 Church on tv channel 240 11:00 Coffee & Conversation 2:00 Movie

# **12/12 Monday**

10:00 Morning Exercise11:00 Coffee & Conversation3:00 BINGO

# 12/13 Tuesday

10:00 Morning Exercise 11:00 Coffee & Conversation 2:00 Movie

#### 12/14 Wednesday

10:00 Pet Therapy 11:00 Coffee & Conversation 3:00 BINGO

#### 12/15 Thursday

10:00 Morning Exercise11:00 Coffee &Conversation2:00 Corn Toss

# **12/16 Friday**

10:00 Morning Exercise11:00 Coffee &Conversation3:00 BINGO

#### 12/17 Saturday

10:00 Morning Exercise 11:00 Coffee & Conversation 3:00 Card Game

# **12/18 Sunday**

10:00 Church on tv channel 240 11:00 Coffee & Conversation 2:00 Movie

# **12/19 Monday**

9:00 Hair Dresser/Kevin 10:00 Morning Exercise 11:00 Coffee & Conversation 2:00 Sing Along 3:00 BINGO

#### 12/20 Tuesday

10:00 Morning Exercise11:00 Coffee &Conversation3:00 Yoga with Barbara

#### 12/21 Wednesday

10:00 Pet Therapy 11:00 Coffee & Conversation 11:15 Residents shopping 2:00 Games on in 2l

# 12/22 Thursday

10:00 Morning Exercise 11:00 Coffee & Conversation 3:00 BINGO

# **12/23 Friday**

10:00 Morning Exercise 11:00 Coffee & Conversation 2:00 Movie

# 12/24 Saturday

10:00 Morning Exercise 11:00 Coffee & Conversation 3:00 UNO

# **12/25 Sunday**

Merry Christmas
10:00 Church on tv
channel 240
11:00 Coffee
Conversation
2:00 Movie

# **12/26 Monday**

10:00 Morning Exercise 11:00 Coffee & Conversation 3:00 BINGO

#### 12/27 Tuesday

10:00 Morning Exercise11:00 CoffeeConversation3:00 UNO

#### 12/28 Wednesday

10:00 Pet Therapy 11:00 Coffee & Conversation 2:00 BINGO

# 12/29 Thursday

10:00 Morning Exercise 11:00 Coffee & Conversation 2:00 Movie

# **12/30 Friday**

10:00 Morning Exercise 11:00 Coffee & Conversation 3:00 BINGO

# 12/31 Saturday

10:00 Morning Exercise 11:00 Coffee & Conversation 2:00 Movie

# Some Activities are subject to change



Sunabella Senior Living
Independent & Assisted Living