

February 2024



2/1 Thursday

10:00 - Work it out
10:30 - Morning Hydration
11:00 - Movie on the IN2L
2:00 - Golfing with friends
3:00 - Snack & Hydration

2/2 Friday

10:00 - Exercise Time
10:30 - Morning Hydration
11:00 - Sing along with Susie Q
2:00 - Bingo Madness
3:00 - Snacks & Hydration

2/3 Saturday

10:30 - Morning Hydration
11:00 - Color me calm
2:00 - Balloon Volley
3:00 - Snacks & Hydration

2/4 Sunday

10:30 - Morning Hydration
11:00 - TV Church Service
2:00 - Movie Time
3:00 - Snack & Hydration

2/5 Monday

10:00 - Get the kinks out
10:30 - Morning Hydration
11:00 - Painting with friends
2:00 - Bean bag Toss
3:00 - Snacks & Hydration

2/6 Tuesday

10:00 - Move it! Move it!
10:30 - Morning Hydration
11:00 - Inside Bowling
2:00 - Trivia Tuesday
3:00 - Snacks & Hydration

2/7 Wednesday

10:00 - Let's get over the hump!
10:30 - Morning Hydration
11:00 - Spelling Bee
2:00 - Primping & Pampering
3:00 - Snacks & Hydration

2/8 Thursday

10:00 - Push through!
10:30 - Morning Hydration
11:00 - Magic Show with "Mystic"
2:00 - Spelling Bee
3:00 - Snacks & Hydration

2/9 Friday

10:00 - Get your heart pumping
10:30 - Morning Hydration
11:00 - Complete the phrase
2:00 - Bingo Madness
3:00 - Snacks & Hydration

2/10 Saturday

10:30 - Morning Hydration
11:00 - Color me calm
2:00 - IN2L Fun
3:00 - Snacks & Hydration

2/11 Sunday

10:30 - Morning Hydration
11:00 - TV Church Service
2:00 - Movie Time
3:00 - Snacks & Hydration

2/12 Monday

10:00 - Let's crank it up
10:30 - Morning Hydration
11:00 - Bean Bag Toss
2:00 - Story Time
3:00 - Snacks & Hydration

2/13 Tuesday

10:00 - Work it out
10:30 - Morning Hydration
11:00 - IN2L Fun
2:00 - Trivia Tuesday
3:00 - Snacks & Hydration

2/14 Wednesday

HAPPY VALENTINES DAY!!!
10:00 - Move and Groove
10:30 - Morning Hydration
11:00 - Sing along with Susie Q
2:00 - Valentine Social
3:00 - Snacks & Hydration
5:00 - Town Hall Meeting

2/15 Thursday

10:00 - Jump start your morning!
10:30 - Morning Hydration
11:00 - Puzzle Fun
2:00 - Match Game on the IN2L
3:00 - Snacks & Hydration

2/16 Friday

10:00 - Exercise Time!
10:30 - Morning Hydration
11:00 - Bean Bag Toss
2:00 - Bingo Madness
3:00 - Snacks & Hydration

2/17 Saturday

10:30 - Morning Hydration
11:00 - Color Time
2:00 - Story Time (Read by residents)
3:00 - Snacks & Hydration

2/18 Sunday

10:30 - Morning Hydration
11:00 - TV Church Service
2:00 - Movie Time
3:00 - Snack and Hydration

2/19 Monday

10:00 - Let's get the kinks out
10:30 - Morning Hydration
11:00 - Puzzles with friends
2:00 - Complete the Phrase
3:00 - Snacks & Hydration

2/20 Tuesday

10:00 - E-X-E-R-C-I-S-E
10:30 - Morning Hydration
11:00 - Inflation Fun
2:00 - Trivia Tuesday
3:00 - Snacks & Hydration

2/21 Wednesday

10:00 - Move and Groove
10:30 - Morning Hydration
11:00 - Color with friends
2:00 - Primping & Pampering
3:00 - Snacks & Hydration

2/22 Thursday

10:00 - Let's Go
10:30 - Morning Hydration
11:00 - Inside Golfing
2:00 - Spelling with friends
3:00 - Snack and Hydration

2/23 Friday

10:00 - Move it before we lose it
10:30 - Morning Hydration
11:00 - Bingo Madness
2:00 - Birthday Social of the Month
3:00 - Snacks & Hydration

2/24 Saturday

10:30 - Morning Hydration
11:00 - Color me happy
2:00 - Fun Painting
3:00 - Snacks & Hydration

2/25 Sunday

10:30 - Morning Hydration
11:00 - TV Church Service
2:00 - Movie Time
3:00 - Snacks and Hydration

2/26 Monday

9:00 - Hair Day with Kevin
10:30 - Morning Hydration
11:00 - Matching on the IN2L
2:00 - Sing along with Susie Q
3:00 - Snacks & Hydration

2/27 Tuesday

10:00 - Loosen Up!
10:30 - Morning Hydration
11:00 - Story Time on the IN2L
2:00 - Trivia Tuesday
3:00 - Snacks & Hydration

2/28 Wednesday

10:00 - Get in to the swing of it
10:30 - Morning Hydration
11:00 - Puzzle Fun with Friends
2:00 - Primping & Pampering
3:00 - Snacks & Hydration

2/29 Thursday

10:00 - Exercise, Exercise
10:30 - Morning Hydration
11:00 - Complete the Phrase
2:00 - Leap Year Fun
3:00 - Snacks & Hydration

Some activities subject to change

